

## Organic Dietary Supplement for the Night



Manufacturer: Weleda  
Order ID: W6288  
Price: 24.95 €

### Product description:

This innovative and vegan formula contains passionflower, black horehound, ashwagandha and lavender extracts and is inspired by nature. The practical capsule format is ideal for regular and uncomplicated intake.

### Ingredients:

Passionflower extract\*, winter cherry root (ashwagandha) extract\*, lavender flower extract\*, capsule casing: hydroxypropyl methylcellulose, bamboo extract\*, horehound extract\*, lemon balm leaf extract\*, valerian root extract\*, separating agent: sunflower lecithin\*, hop cone extract\*, ginger root extract\*

\* From certified organic farming.

### Tips from Gabi Köberl:

Take 2 capsules with water 30 minutes to an hour before bedtime.