

Set "Get Well Soon"



Manufacturer: Farfalla
Order ID: FA12784
Price: 17.90 €

Product description:

Perfect for frequent aromatherapy sessions

This starter set contains 3 essential oils that are ideal for improving your daily well-being.

Tips from Gabi Köberl:

Fine Lavender:

has relaxing as well as skin-soothing properties and also helps lull you to sleep.

Application:

Pour 1-2 drops of essential oil onto a tissue and place in/near your bed to help aid sleep.

Dilute the essential and apply to the skin to alleviate skin problems.

Place 3-5 drops in a diffuser to help ease stress.

Tea tree bush oil:

A special quality oil from organic wild collection that helps alleviate skin impurities. It also helps with cleansing the airways.

Application:

Pour one drop of oil in a glass of water and gargle - for healthy gums, oral cavity and throat.
During flu season, add 1-2 drops for steam inhalation.
To free the airways, mix 2 drops with 10 ml of organic care oil and massage on the chest before bed.

Eucalyptus radiata:

A classic winter fragrance with air purifying, refreshing and reviving properties. It supports concentration.

Application:

When use for room scenting, it helps to provide protection against germs and bacteria during flu season.
Mix 2 drop of oil with 10 ml of organic jojoba oil and massage on the chest for aid easy breathing.
Add 3-5 drops in a diffuser and use 1-2 drops for steam inhalation.

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