

## Pilgrim oil



Manufacturer: Bioturm
Order ID: BT128
Price: 13.95 €

## **Product description:**

7 herbs, 7 oils - a complete care concept - not only for pilgrims!

No matter how far the distance you would like to walk is, going on a pilgrimage always means a particular challenge for body and mind needing very special intensive preparation. Hiking or pilgrimage tours of several days are also a physical challenge because nowadays people are not used to walk and carrying loads at the same time. Help needing not much space and of low weight but offering the highest effect is useful here.

The combination of high-quality oils and traditional healing herbs has a calming effect and stimulates metabolism - with our pilgrim oil you have the complete care program in one product: Irritations subside, tensions are relaxed. After excessive sport activities our Pilgrim oil improves heavily stressed parts of the body like shoulder, back, legs or feet. It is also a great help for shorter walking distances and relaxes on the way.

As preventive care the Pilgrim oil provides for a smoother skin and avoids blisters.

## **Ingredients:**

Simmondsia Chinensis Seed Oil\*, Prunus Amygdalus Dulcis Seed Oil\*, Moringa Oleifera Seed Oil, Sesamum Indicum Seed Oil\*, Prunus Armeniaca Seed Oil, Limnanthes Alba Seed Oil, Oenothera Biennis Seed Oil\*, Hippophea Rhamnoides Fruit Extract\*, Chamomilla Recutita Flower Extract\*, Hypericum Flower/Twig Perforatum Extract, Calendula Officinalis Flower Extract\*, Rosmarinus Officinalis Leaf Extract\*, Arnica Montana Flower Extract\*, Boswellia Serrata Extract

\* from controlled organic cultivation free of synthetic preservatives, dyes, PEG, paraffin oil free of perfume

## Tips from Gabi Köberl:

Use several times per day.

In case of planned physical challenge, start with daily use even several weeks before the start. Also continue during challenge twice per day.

Also suitable as massage oil for relaxation of the entire body.

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