

## Oil-whey bath arnica No.119



Manufacturer: Bioturm
Order ID: BT449
Price: 3.25 €

## **Product description:**

Vitalising care bath for muscles and joints!

Organic arnica extract in the Oil-whey bath arnica No.119 regenerates strained muscles and joints which are at the same time relaxed in warm water. Natural essential oils of wintergreen and rosemary additionally vitalise the whole musculoskeletal system.

The unique combination of the special lacto-intensive active complex made of organic whey and high-quality organic sunflower oil refattens the skin which becomes noticeable smooth.

## **Ingredients:**

Glycerin, Helianthus Annuus Hybrid Oil\*, Eucalyptus Globulus Leaf Oil\*, Lac / Whey\*, Sucrose Laurate, Sucrose Palmitate, Arnica Montana Flower Extract\*, Gaultheria Procumbens Leaf Oil, Mentha Piperita Oil\*, Rosmarinus Officinalis Leaf Oil\*, Capsicum Annuum Extract\*, Daucus Carota Sativa Root Extract\*, Lithospermum Erythrorhizon Root Extract, Rosmarinus Officinalis Leaf Extract\*, Simmondsia Chinensis Seed Oil\*, Helianthus Annuus Seed Oil, Tocopherol, Alcohol, Aqua, Limonene

\* from controlled organic cultivation free of synthetic preservatives, dyes, PEG, paraffin oil free of perfume

## Tips from Gabi Köberl:

Pour the whole bag content into the bath and stir. In contrast to pure, film-forming oil baths, the high-quality vegetable oils and the special lacto-intensive active complex of organic whey mix with the entire bathing water to an extraordinary, milky caring bath.

Duration of the bath: 10 to 20 minutes

Water temperature: between 35 °C and 38 °C

Recommended use once or twice per week, preferably in the evening before going to bed.

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