

Active Comfort Cooling Sport Spray



Manufacturer: Primavera

Order ID: P24189

Price: 13.90 €

Product description:

Cooling care for the gym or travel

The Active Comfort Cooling Spray is ideal for areas of tension and swelling after sports or physical exertion. It nourishes irritated skin and offers cooling and refreshing properties thanks to its high menthol content. This makes it a must-have for your sports bag or backpack.

The PECH rule for sports injuries:

(P) break - take a break and keep the affected body part calm and immobile.

(E) ice - cold calms.

(C) compression - a bandage with elastic bandages slows down any swelling.

(H) elevate - it is best to elevate the affected body part above heart level.

Ingredients:

Mentha Piperita (Peppermint) Leaf Water* org, Alcohol* org, Salvia Officinalis (Sage) Leaf Water* org, Polyglyceryl-10 Laurate, Fragrance (Parfum)**, Mentha Arvensis Leaf Oil* org, Citrus Aurantium Dulcis (Orange) Peel Oil* org, Rosmarinus Officinalis (Rosemary) Leaf Oil* org, Water (Aqua), Citric Acid, Arginine, Limonene**, Linalool**

Tips from Gabi Köberl:

Spray several pumps on the affected areas of the skin when strained.

It absorbs quickly and provides a cooling sensation on the skin.

Ideal for revitalising the skin on warm days or after sports.

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