

## Arnica Massage Oil Mini



Manufacturer: Weleda  
Order ID: W13379  
Price: 1.95 €

### Product description:

Soothes and relieves aching muscles.

Weleda Arnica Massage Oil is an intensive, warming body oil that's been a staple of massage therapists for 93 years to soothe muscle soreness and ease muscle aches caused by overuse or exercise.

Wildcrafted arnica flower extract, proven to soothe sore muscles, helps ease pain and boast a warming effect. A base of sunflower seed oil and olive oil nourish and hydrate skin as birch extract delivers detoxifying effects. While your skin soaks in the muscle-soothing properties, a pure, natural essential oil fragrance of lavender and rosemary helps calm your mind.

With body and mind nourished and relaxed, tight, aching muscles quickly become a thing of the past.

### Ingredients:

Helianthus Annuus (Sunflower) Seed Oil, Olea Europaea (Olive) Fruit Oil, Fragrance (Parfum)\*, Arnica Montana Flower Extract, Betula Alba (Birch) Leaf Extract, Limonene\*, Linalool\*, Geraniol\*, Coumarin\*.

\* from natural essential oils

### Tips from Gabi Köberl:

Apply a small amount of Arnica Massage Oil to damp skin. Massage in a circular motion towards the heart until it is absorbed, paying particular attention to muscles that are tired, sore or overworked.