

## Lavender Relaxing Bath Milk 200ml



Manufacturer: Weleda Order ID: W9937 Price: 13.95 €

## **Product description:**

Soothing and harmonising

A long soak in our Lavender Bath Milk is the ideal therapy for mental exhaustion, over-stimulation and restlessness. Its harmonising action soothes body and mind, reducing tension and easing restlessness. A long fragrant soak in the evening, before bed, will help promote a peaceful night's sleep. Weleda Lavender Bath Milk contains Lavender oil which has a calming effect on the nervous system and helps treat skin conditions aggravated by stress.

Weleda's pampering range of bath and shower products is gentle on the body leaving it cleansed and soft without drying the skin. The subtle fragrances are a pleasure to experience.

Suitable for vegans.

## **Ingredients:**

Water (Aqua), Lavandula Angustifolia (Lavender) Oil, Potassium Olivate, Glyceryl Oleate, Limonene\*, Linalool\*, Geraniol\*.

\*from natural essential oils

## Tips from Gabi Köberl:

Shake the bottle before use. Pour 2-3 capfuls into the running water to disperse. A water temperature of  $37^{\circ}$ C /  $98^{\circ}$ F is recommended. Do not bathe longer than 20 minutes. After bathing, dry the body gently, cover with a soft

towel and ideally relax for at least half an hour in warm surroundings. Use 1 capful to a foot-bath or basin, agitate water with the hand to mix the milk. In the shower or as a quick freshener, use a few drops on a moist cloth. To refresh a room, add a few drops to a small bowl of warm water.

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